

Fresh & Light

Low Carb. High Flavour.

Fresh lettuce wraps packed with
quality ingredients - the smart
CBD lunch choice



DAILY
Soup of the Day

8

Lettuce Wraps



Caesar

Chicken, Bacon, Croutons, Caesar Dressing

12



Vegetarian

Falafel, Hummus, Cabbage, Tomatoes

12



Parisien

Ham, Cheese, Croutons, Caesar Dressing

12



Chicken Mayo

Chicken, Mayo, Cucumber, Croutons

12



Tuna

Lettuce, Tomatoes, Cucumber, Boiled Egg, Olives

12



Beef Pastrami

Emmental Dijonnaise, Purple Cabbage, Croutons

14

Sandwiches



★ Fresh Baguettes

Ham & Cheese

Ham, Gruyere, Butter, Cornichons

12

Rosette (French Salami)

Rosette, Butter, Cornichons, Arugula

12



★ Toasties

Chicken

Sourdough, Chicken salad, Romaine lettuce

13

Ham & Cheese

Ham, Emmental, Dijonnaise

14

Chicken Avocado

Sourdough, Chicken, Bacon, Lettuce

14

Beef Pastrami

Emmental, Dijonnaise, Jalapenos, Arugula

15



★ Paninis

Tomato & Mozzarella

Basil pesto, Arugula

12

Chicken

Chicken, Mozzarella, Arugula, Tomato, Chipotle mayo

13

Mortadella

Mozarella, Tomatoes, Arugula Salad, Basil Pesto

13

Prosciutto

Prosciutto, Mozzarella, Parmesan, Arugula, Balsamic

14

Salmon

Dill creme fraiche, Cucumber, Arugula

14

Pizzas & Quiches



★ *Mama's Pizzas*

Buy 2

For 12

Margherita

6.5

Pepperoni

7

Ham & Mushroom

7

Vegetarian

7



★ *Quiches* (Served with salad)

Ham & Cheese

12

Salmon & Dill

12

Veggy

12

LUNCH SETS SOUP COMBO Add Soup & Drink +3.5

| SWEET COMBO Add Dessert & Drink +3.5

Coffee & Drinks



FRENCHY DELI

Coffee & Drinks

Coffee

Single / Double

Espresso	3.5/4
Espresso Macchiato	3.5/4
Piccolo	4.5
Long Black	4/4.5
Americano	4/4.5
Latte	5/6
Flat White	5/6
Cappuccino	5/6
Mocha	6/6.5

Signature Lattes

Pistachio Latte	7
Salted Caramel Latte	6.5

Matcha & Hojicha

Classic Matcha Latte	7
Classic Hojicha Latte	7
Strawberry Matcha	7.5
Mango Matcha	7.5

Coolers

Homemade Lemonade	4.5
Ice Tea of the Day	4.5

Non Coffee

Hot Chocolate	6.5
Chai Latte	6.5

Tea

English Breakfast	5
Earl Grey	5
Chamomile	5
Green Tea	5
Peppermint	5